## Temporary Guidelines for Creekside Christian Church Outdoor Gatherings On Campus\*

Dated August 26, 2020

Each Creekside ministry wishing to host an outdoor activity must submit a request for approval at least 7 days in advance of the event, as well as a plan to implement the following guidelines.

## **Required Protocols:**

- o Signed COVID-19 Waivers will be required for all participants.
- o If minors are involved, participation agreements must be signed.
- Masks must be worn by participants at all times, except when eating or leading an event.
  Please communicate this beforehand to participants. Have a supply of masks on hand for those who may not have one.
- o Seating/standing should adhere to the 6 ft distancing guideline. Please remind participants that 6-ft social distancing is for everyone's safety.
- Hand-sanitizer should be applied on arrival. Set a clearly marked sanitizer station(s) for your event and encourage the frequent use of sanitizer.
- o All staff and volunteers distributing any items or food must wear gloves and masks.
- o COVID-19 Social Distancing Protocol signs must be visible at each event.

## **Recommended Protocols:**

- o Individuals who are classified as high-risk by the CDC are recommended to refrain from participation at this time.
- o Temperature checks are recommended (optional for funerals). Person conducting checks needs to be masked (see Jennifer for thermometer sign-out).
- o A bathroom sanitizing plan should be made for each event.
  - \* Approval for future events is dependent upon following these protocols.

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Excerpts from: www.cdc.gov website, "People with Certain Medical Conditions," updated 7/30/20

What are the most common underlying conditions for Coronavirus disease patients?

Among 178 (12%) adult patients with data on underlying conditions as of March 30, 2020, 89.3% had one or more underlying conditions; the most common were hypertension (49.7%), obesity (48.3%), chronic lung disease (34.6%), diabetes mellitus (28.3%), and cardiovascular disease (27.8%).

These findings suggest that older adults have elevated rates of COVID-19—associated hospitalization and the majority of persons hospitalized with COVID-19 have underlying medical conditions.

People of any age with the following conditions **are at increased risk** of severe illness from COVID-19:

- Cancer
- Chronic kidney disease
- COPD (chronic obstructive pulmonary disease)
- Immunocompromised state (weakened immune system) from solid organ transplant
- Obesity (body mass index [BMI] of 30 or higher)
- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Sickle cell disease
- Type 2 diabetes mellitus

COVID-19 is a new disease. Currently there are limited data and information about the impact of underlying medical conditions and whether they increase the risk for severe illness from COVID-19. Based on what we know at this time, people with the following conditions **might be at an increased risk** for severe illness from COVID-19:

- Asthma (moderate-to-severe)
- Cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- Neurologic conditions, such as dementia
- Liver disease
- Pregnancy
- Pulmonary fibrosis (having damaged or scarred lung tissues)
- Smoking
- Thalassemia (a type of blood disorder)
- Type 1 diabetes mellitus

The most vulnerable children – including refugees, migrants, and children who are internally displaced, deprived of liberty, living without parental care, living on the street and in urban slums, with disabilities, and living in conflict-affected areas – are a particular concern.