

Parent PRAYERS

A legacy book of prayers over the life of your child



We will not hide these truths from our children: we will tell the next generation about the glorious deeds of the Lord, about His power and His mighty wonders. Psalm 78:4 (NLT)

Table of Contents

Notes:

Legacy of Prayer	4
Prayers for Difficult Times	5-6
Family	7
Children's Skills & Calling	8
Thanksgiving	9
Joy	10
Hope	11
Dedication	12
Spiritual Protection	13
Forgiveness	14
Education	15
Faith	16
Sibling Relationships	17
Humility	18
Friendships	19
Health and Physical Protection	20
Spiritual Gifts	21
Future Spouse	22
Perseverance	23

Notes:

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Notes:



Legacy of Prayer

This prayer book is dedicated to _____ These prayers represent my love and devotion to you. You are a gift from God in my life. Through these prayer, God has given me an opportunity to bring blessing and hope into your life. My hope is that these prayers will become the foundation for your family. I love you.

Signed: _____ Date: _____

Signed: _____ Date: _____



Notes:

Prayers for Difficult Times

Practical Application:

As parents, we struggle to watch our children go through difficult times. We want to help them avoid heartache, loneliness, injustice or consequences for poor decisions. But take heart, God will use all things to draw them to himself. These prayers will remind you that God is your child's peace, hope and joy.



“In You, O Lord, I have taken refuge, let me never be put to shame, deliver me in Your righteousness. Turn Your ear to me, come quickly to my rescue, be my Rock of Refuge, a Strong Fortress to save me. Since You are my Rock and my Fortress, for the sake of Your name lead me and guide me.” Psalm 31:1-3 (NIV)

Lord, I pray that You would come quickly to _____'s rescue. Please bring healing and hope to their deep hurts and wounds. You are their Rock of Refuge and Strong Fortress. Comfort them in Your arms like no other can do, and show them the power of Your presence. Allow _____ to rest in Your faithful love.

Prayers for Difficult Times

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And we know that in all things God works for the good of those who love Him, who have been called according to His purpose. Romans 8:28 (NIV)

Lord, Your Word says that You will never leave us nor forsake us. I thank You that You are with _____ now and always. We ask that You would protect _____ in difficult times. Help them to be strong and confident in your faithfulness and goodness. We cling to the truth that You work all things for the good for those who love You. We thank you for being an ally to them in their battles! May you fill _____ with hope and peace.

The purpose of Proverbs: to know wisdom and instruction, to perceive the words of understanding, to receive the instruction of wisdom, justice, judgement, and equity. Proverbs 1:2-3 (NKJV)

May _____ have a teachable heart and learn to apply Your wisdom to all areas of their life. Your wisdom is the pathway of eternal life, justice, and righteousness. May _____ come to believe this and know that your love and wisdom will never fail them through difficult times.

Perseverance

Practical Application:

Teaching your children to live one day at a time will teach them to trust Jesus and overcome their anxiety and fears.



Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature?

Matthew 6:27 (NIV)

Dear Father, please help _____ to have the wisdom to live one day at a time. You have promised to meet their needs for food, drink and clothing. Each day is a new opportunity to experience your daily provisions and spiritual blessings. You are the God of today and tomorrow. Nothing is beyond your control.

Add your own prayer:

Future Spouse

Practical Application:

Pray that your child's future marriage will be deeply rooted in Christ, abounding in love and mutual respect.



...a man will leave his father and his mother and be united to his wife, and the two will become one flesh. So they are no longer two, but one flesh.

Matthew 19:5-6 (NIV)

Son-In-Law: Heavenly Father, I thank You for the man who will come into _____'s life. I pray that he would be a man after God's own heart and that he would seek your wisdom in all areas of his life. Bless him with purity of mind and body even when the world tells him it's irrelevant. Protect him from temptation, spiritual attack and cultural lies. More than anything, Father, I pray that he would experience the depths of love and joy that comes from knowing and trusting you. I pray that he would be prepared to become one with my daughter.

Daughter-In-Law: Heavenly Father, I thank You for the woman who will come into _____'s life. I pray that she would be a woman after God's own heart and that she would seek your wisdom in all areas of her life. Bless her with purity of mind and body even when the world tells her it's irrelevant. Protect her from temptation, spiritual attack and cultural lies. More than anything, Father, I pray that she would experience the depths of love and joy that comes from knowing and trusting you. I pray that she would be prepared to become one with my son.

Family

Practical Application:

Sometimes it's easy to forget to pray in the busyness of life. Take time to pray for and with your family, making Christ the center of your home.



Children are a blessing and a gift from the Lord.

Psalm 127:3 (CEV)

Lord, Your Word says that children are a gift from the Lord. Thank you for this reminder! We are so grateful that You have chosen us to be parents and brother and sister in Christ to _____. I pray that You would bless our family with love and unity. Please protect us from the attack of the enemy so that we will stand strong in our commitment to You and our love for one another.

Add your own prayers:

Skills & Calling

Practical Application:

Pray that your children recognize God's call on their lives and that they honor Him and seek to please Him in all that they do.



Bless all his/her skills, Lord, and be pleased with the work of their hands. Strike down those who rise up against them, and protect them from their foes till they rise no more.

Deuteronomy 33:11 (NIV)

Father, thank you for the skills and talents that You've given my child. I see these attributes and gifts in their life:

_____. I pray that _____ will know that following you has more value than any college degree or talent. Help _____ to be a good steward over all the gifts that represent a partnership with you to change the world. May _____'s life forever bring glory to Your name.

Add your own prayer;

Spiritual Gifts

Practical Application:

When you recognize and nurture the spiritual gifts God has given your children, it enables them to gain a sense of purpose and destiny in Christ.



We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

Romans 12: 6-8 (NIV)

I pray that _____ would discover and celebrate the spiritual gifts You have placed in them. Please empower _____ to live a faithful life. Help me to recognize the gifts You've given _____ and to create an environment where (s)he can use them. The fruit of the Spirit that I see in their life includes: _____.

Father, I pray that _____ will come to understand that their spiritual gifts are given to them as a sign that they are essential to the work of your kingdom, on earth. You have chosen them as an ambassador of light and eternal life.

Health and Physical Protection

Practical Application:

In the Old Testament book of Numbers, the Lord provides a prayer of blessing for His priests to speak over His people. As a parent, you are in a unique position to offer prayers of blessing for your children that echo this desire for God's grace and protection over them.



The Lord spoke to Moses: "Tell Aaron and his sons, 'This is the way you are to bless the Israelites.' Say to them: 'The Lord bless you and protect you; The Lord make His face to shine upon you, and be gracious to you; the Lord lift up His countenance upon you and give you peace.' So they will put my name on the Israelites, and I will bless them.'"

Numbers 6:22-27 (NET)

I thank you, Lord, that You are a God who blesses His children. I am grateful that You do not turn Your attention away from our family and that we are safe in Your hands. Father, I pray that You will bless _____ with physical and emotional health. Bless _____ with a strong immune system. Lord, I also ask for Your physical protection over _____. Please keep _____ from harm and illness.

Thanksgiving

Practical Application:

Pray thankfulness to the Lord for the gift of your children.



For you formed my inward parts; you wove me in my mother's womb. I will give thanks to you, for I am fearfully and wonderfully made. Wonderful are your works, and my soul knows it very well.

Psalm 139: 13-14 (NASB)

Father, thank you that _____ is such a wonderful and precious gift to our family. Help me to always celebrate _____ as Your very own child. Thank you for the plan you have for his/her life. May _____ always know how grateful I am to be their parent. Help me to inspire _____ to thank You for each day of their precious life.

Add your own prayer:

Joy

Practical Application:

Joy is not the absence of suffering but the presence of God. Help your child to understand that God's presence is available in good and difficult seasons of life.



And we know that in all things God works for the good of those who love Him, who have been called according to His purpose.

Romans 8:28-30 (NIV)

As _____'s heavenly Father, I trust you to fill my child with your presence so that they will know that joy is not the absence of suffering, but the presence of God. May they know your presence in all that is good, difficult or traumatic and come to understand that you have the power to work everything together for their good.

Add your own prayer:

Friendships

Practical Application:

Pray for your children's friendships, how they interact with and relate to others, and who they surround themselves with.



The righteous choose their friends carefully, but the way of the wicked leads them astray.

Proverbs 12:26 (NIV)

Father, I ask that You would bless _____'s friendships. May You bring close friends into _____'s life that will be encouraging and uplifting to them. Please help _____ to choose friends wisely. Help them to always be a sensitive, loyal and loving friend.

Add your own prayer:

Humility

Practical Application:

For all those who exalt themselves will be humbled, and those who humble themselves will be exalted. Luke 14:11 (NIV)



Prayer of Self-Giving

Father, I pray that _____ will understand that they are loved by you extravagantly, and knowing this, they will freely give this love to others. I pray that _____ will seek not so much to be consoled, as to console; to be understood, as to understand; and not so much to be loved as to love.

-from the Prayer of St. Francis



...but store up treasures in heaven... Matthew 6: 19-21 (NIV)

Treasures of God

Father, I pray that _____ will recognize the difference between the treasures of earth and heaven. May _____ know that Jesus has all of the resources of heaven available to them so that their possessions will never possess them. May they give cheerfully, lend freely and receive everything with gratitude and thanksgiving.

...if your eyes are healthy, your whole body will be full of light...

Matthew 6:22-23 (NIV)

Treasures of God

Father, I pray that _____ will see people as the treasures of God. May _____ be generous toward others who have needs, sowing seeds of generosity into the lives of people around them.

Hope

Practical Application:

Hope is not an emotion but a person. Jesus is our hope. Your child will develop confidence when they know that God has a special place in heaven for them.



In My Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also. John 14: 2-3 (NKJV)

Father God, I pray that _____ will come to fully believe that they are a dearly loved child of God with a home in heaven that you have prepared especially for them. I pray that this hope will guide, empower and sustain them all the days of their life. May they know that their best day of Earth is so incomplete compared to what they will experience in heaven and that their worst day on Earth will not follow them into eternity. May this blessed hope empower them to face every difficult season in this life.

Add your own prayer:

Dedication

Practical Application:

We want our children to know that they are consecrated (set apart) to the Lord. Our children are unique creations of God. They were created with a divine purpose– to know God and to be priests in His kingdom.



And we know that in all things God works for the good of those who love Him, who have been called according to His purpose. For those God foreknew He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brothers and sisters. And those He predestined, He also called; those He called, he also justified; those He justified, He also glorified.

Romans 8:28-30 (NIV)

Father God, I pray that Romans 8 will form deep roots in _____'s heart. You have been faithful in my life to reveal Your goodness to me even in the most difficult circumstances. I am confident that you will work all things out for _____'s good even when life is challenging and confusing. _____has been justified, called and glorified to be a light in a dark world. I pray that _____will come to know You as their good and faithful Father.

Add your own prayer:

Sibling Relationships

Practical Application:

Pray for your children to love one another as God loves them and create a sibling bond that will last throughout their adult years.



Be kind and compassionate to one another, forgiving each other, just as Christ forgave you. Ephesians 4:32 (NIV)

Father, please bless and create a bond of unity in my children's lives. I pray that my children will always have each other's back. May they be quick to forgive when any offense is committed and also repent of any wrongdoing when needed. Lord, help my children to love and support one another. Bless their playtime and activities together that they might build a lasting friendship.

Add your own prayer:

Faith

Practical Application:

Pray for your children's faith to remain pure and lasting as they grow in character, wisdom, and favor in the Lord.



So then, just as you received Christ Jesus as Lord, continue to live your lives in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2: 6-7 (NIV)

Lord, You are my child's Savior and Lord. I am confident that You will always be faithful to _____ Help me to model Your lovingkindness and the truth of your word so that _____ will experience Your love and faithfulness through my life.

Add your own prayer:

Spiritual Protection

Practical Application:

As parents, you serve as a shepherd to your children. You give them food, love, protection and model faith so that they will know the Shepherd of their souls, Christ Jesus. As adults, they will learn to follow Jesus as the Chief Shepherd, who will provide for them and keep them securely in your care.



I am the door, if anyone enters through Me, he will be saved, and will go in and out and find pasture. The thief comes only to steal, and kill, and destroy; I came that they may have life, and have it abundantly. I am the Good Shepherd; the Good Shepherd gives His life for the sheep.

John 10: 9-11 (NASB)

Father God, I pray that _____ will know that You are the Good Shepherd. I know that You will guide _____ to recognize everything that is good and empower them to overcome evil. _____ is a gift from you. I have done my best to prepare them to know the goodness of God and the tactics (lies, deception, and temptations) of the enemy of their soul. I know that You will give _____ discernment to recognize truth from lies, wisdom from foolishness and good from evil so that they will be able to overcome the works of the enemy. Your Word tells us that no weapon formed against us shall prosper.

Forgiveness

Practical Application:

Your home is a sacred shelter where children learn to love, forgive and experience grace.



Imitate God, therefore, in everything you do, because you are His dear children.

Ephesians 5:1 (NLT)

Thank you, Father, for our family. Help us to confess out offenses to one another and to be quick to forgive. May our words and actions imitate the love and faithfulness of Jesus. I pray that _____'s words and actions will imitate this same love and faithfulness for everyone they meet.

Father, please empower _____ to be a witness of your grace, mercy and forgiveness to others.

Add your own prayer:

Education

Practical Application:

Pray for your children to have a teachable spirit and be raised with knowledge that brings glory to God.



Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8 (NIV)

Father God, You are the source of knowledge and wisdom. May You place a hunger in _____'s heart for learning and truth. Watch over them as they spend each day at school. Please help them show respect to their teachers and encourage their fellow students. Please stand beside them when their faith is tested by those who may not believe. I pray that _____ will be a light at school and in all their after school activities. Help me to guide and encourage _____ to use the gifts that you have given them to the best of their ability. Please help _____ to reach their full potential in academics, arts, and athletics.

Add your own prayer: